

# Mirror Games

## Lesson 1, Mirror, Mirror

### Module 11, Braveheart

#### Resource 1

M11L1R1 10-15 mins

As we become more like Jesus, we are 'mirroring' Him, reflecting His love in us for others to see.

#### 1. Mirror Directions

##### What you will need:

- cushions and other 'safe obstacles'
- a collection of small mirrors
- obstacles placed around the room

##### How to play:

- tell children to try to walk backwards across the room using only a mirror to find their way
- one option is to have a partner help them by suggesting ways to navigate around the obstacles

#### 2. My Partner, the Mirror

##### How to play:

- tell children to find a partner; one partner becomes the mirror and the other partner, the actor
- the actor has to act out some everyday routines, like making toast, brushing hair, getting ready for school, etc. The 'mirror' partner has to follow exactly, copying facial expressions and body movements
- encourage them to include some exaggerated funny moves and faces
- then swap roles

#### 3. Facing Left

##### How to play:

- tell all the children to stand in a circle
- the leader sets the theme: e.g. strong emotions, funny, etc.
- select someone in the circle to make a 'face' following the theme
- tell that person to turn their 'face' to the person on the left, who copies the face, then they make a different face which the child on their left mimics, and so on around the circle.
- if the leader calls "reverse", the one on the right of the person who last had their turn must make another face; this gets passed around to the right
- the goal is to try not to repeat any 'faces'
- if the leader calls "change of face" and a new theme, everyone follows the new theme